

HRDC MOBILE SENIOR CENTER

FRIDAY, May 22, 2026

11:45AM-1:45 pM

AT THE LAVALE LIBRARY

815 National Hwy

Lavale Md.

**MENU: Lemon Pepper Fish, Buttered Shells, Peas,
Carrots, Whole Grain Bread, Juice & Milk
Suggested Donation of \$3.75**

**Activities: STAFF Choice Activity
Managers from Cumberland and Frostburg
will teach the session**

**For additional information and to reserve a meal
contact Carralee at 301-783-1709 or
emailing csilka@alleganyhrdc.org
by Thursday, May 21st**