

HRDC Mobile Senior Center

Friday, September 18, 2026

11:45am - 1:45pm

Lavale Library

Meeting Room B

Please join us for fun, fall-themed activities!!

Lunch Menu

Lemon Pepper Fish with Brown Rice

Broccoli and Carrots

Low-Sodium V8 Juice

Whole Wheat Bread and Milk

Advanced reservations recommended

301-783-1709

csilka@alleganyhrdc.org

